

# GIARDINO

MOUNTAIN  
CHAMPFÈR-ST.MORITZ

Press dossier

## Break out and let go!

5 things you should know about Giardino Mountain.  
And which set it apart from other hotels.

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Part of Giardino Hotel Group

# Break out and let go!

## **5 things you should know about Giardino Mountain. And which set it apart from other hotels.**

It used to be a girls' boarding school. Today it is a mountain resort in Champfèr only a stone's throw away from St. Moritz. The Hotel Giardino Mountain combines tradition and innovation. It is a place where the old has been respectfully combined with the new. The fireplace in the lounge resembles the open hearth of a farmhouse. Next door, the modern bar presents itself in soft light. Roughly plastered stone walls and fine wood panels provide natural and warm contrasts. Due to the historic building structure, no two rooms in the Giardino Mountain are alike. Italian fabrics and design objects give each room and suite that certain something.

The gourmet restaurant «Ecco St. Moritz» is in the former chapel of the girls' boarding school – a white and gold room with artistic sgraffiti on the walls. The Guide Michelin awarded it two stars and star chef Rolf Fliegau was awarded 18 points by GaultMillau in 2019. The Ecco St. Moritz is one of three restaurants in the hotel, along with the «Hide & Seek» and the «Stüva».

Towards winter and summer, Giardino Mountain transforms into Giardino Bed & Breakfast Silvaplana. From March 14 to April 10, 2023, and from June 23 to October 15, 2023, the hotel is the perfect base camp for those who like it stylish but uncomplicated. Bookings can only be made through the website in four room categories: Double Room Small, Double Room, Junior Suite, and Superior Suite. Prices are "light" and start at CHF 220 per night per double room including breakfast buffet, sauna, indoor pool, wi-fi, taxes, and fees. The prices in sophisticated St. Moritz are thus more attractive than ever.

With 320 days of sunshine a year, crystal-clear lakes, and a breathtaking mountain world, the Engadin is a paradise for families and sports enthusiasts. After an eventful day, guests relax in the 2,000 square meter spa. In spring 2016, the relaxation program was expanded to include Ayurveda offers. As the first five-star resort in Switzerland, the Giardino hotels offer authentic cures and treatments. Treatments of the ancient art of healing from the Asian continent. **Five good reasons to visit Giardino Mountain:**





### The resort

# Italian fabrics and wood from the Engadin

Giardino Mountain comprises seven Engadin houses and has a total of 77 rooms and suites. The interior of the hotel, whose main building was first mentioned in records from 1718, was redesigned by Bofor Design (Switzerland) and Bachhuber-Geissinger (Germany). During the renovations, the basic historical structure of the buildings was successfully retained, for example, the characterful wooden ceilings.

By using natural stone, elegant fabrics from Italian manufacturers, and icicle-shaped lights, the interior designers transformed the former boarding school for girls into a power retreat offering casual luxury. Every room has individual ties to the Upper Engadin landscape. The wood from which the exquisite panels are made comes directly from the region. The hotel opened in December 2011 and is a Design Hotels™ member.



### The innovative cuisine

## Three restaurants, one credo: eat yourself happy!

The cuisine at Giardino Mountain is constantly evolving and never loses touch with the region. It is innovative and at times progressive. The hotel has three different restaurants.

The gourmet restaurant Ecco St. Moritz is in the former chapel of the former girls' pension boarding house. Under the leadership of chef Rolf Fliegauf, the restaurant was awarded two stars by the Guide Michelin, plus 18 points from GaultMillau in 2019 for the up-and-comer of the year. Rolf Fliegauf. «A meal», he says, «is like an opera. It's all about the perfect composition. » Critics declare Rolf Fliegauf's dishes to symphonies of taste. His cuisine is surprising. It is light and creative: classic basics, a play of acidity and spiciness, different textures, and temperatures. Rolf Fliegauf himself calls it «purist aroma cuisine». «Each ingredient retains its original flavor», he says, «by combining the components, I bring out all the notes to their best advantage.»

In the mountains, the day begins with a rich breakfast served in the restaurant "Hide & Seek". Executive Chef Francesco Leone is responsible for the Hide & Seek restaurant and bar. The Sicilian-born chef joined the Giardino Group in spring 2021. Light and flavorful cuisine are cooked here for lunch and dinner. Local herbs and invigorating spices ensure special digestibility, while a wide variety of flavors and textures create sensory experiences. Food that simply does you good.

The «Stüva» – a traditional Engadin restaurant with rustic wooden panelling and corner benches – is in the listed main building. In the evening, specialities from the region such as pizzoccheri are served, a type of pasta made from buckwheat and wheat flour, with potatoes, savoy cabbage and sage, or capuns. The kitchen team sources the products for their preparation from local suppliers.

A popular meeting place for après-ski or in summer for an aperitif is the bar and lounge of Giardino Mountain. In winter, the fireplace creates a cosy atmosphere and live music provides entertainment.

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### The dipiù Spa and Ayurveda by Giardino

## dipiù, or: a little more strength

Giardino Mountain has been the Alpine location of Giardino's own Ayurveda Center since 2016. With the Ayurveda offer, the hotel group is the first five-star resort in Switzerland to offer authentic treatments and cures of the centuries-old healing art. Yoga and meditation, also called the physiotherapy of Ayurveda, are among the various Ayurveda retreats that can be booked here. After an anamnesis by the Ayurveda specialists, guests receive individually tailored nutrition and health recommendations. The clear mountain air and the sunny Engadine do the rest.

Ayurveda by Giardino is the consistent further development of a sustainable recovery concept. It began with the in-house dipiù Spa and the cosmetics line of the same name, which Daniela Frutiger, CEO of the Giardino Group, designed together with scientists and a vintner from Ticino in 2006. Products free of paraffin and silicones, with high-quality essences from Merlot grapes, herbs, and fruits. They are used in applications. Products from QMS and Aveda are also offered. After a day in the mountains of the Engadin, after hiking or skiing, after cross-country skiing or walking, guests can then relax in one of the four saunas or steam baths or take a few laps in the indoor pool and enjoy treatments in one of the eight treatment rooms. The dipiù spa measures 2,000 square meters.



### **The creative family programme**

## **From 0 to 99 years**

«At Giardino Mountain we created individual experiences and retreats for guests of all ages», says Philippe Frutiger, CEO of the Giardino Group, «every member of the family should get their money's worth». Small children can play, do handicrafts and romp around under supervision in a lovingly designed kids' club. Parents then find time and leisure to relax in the spa, do sports or read a book. And by every family member, we really do mean every family member. Dogs are welcome at Giardino Mountain. A dog bed and food and water bowl are provided on request. A dog walking service can also be organised when the family is on the slopes.





**The experience for sports enthusiasts**

## **Alpine thrills in the snow**

The ski area around St. Moritz looks back on sporting history. It has achieved world fame as the venue for the Olympic Games and the World Ski Championships. Yet it doesn't need much at all: just perfect snow and a breathtaking backdrop. And that's exactly what it has in abundance.

In winter, the four large, versatile ski areas of Corviglia/Piz Nair, Corvatsch, Diavolezza/Lagalb, and Zuoz, as well as five other smaller areas, offer athletes a total of 350 kilometers of perfectly groomed slopes. Thanks to its altitude, the Engadine is considered to be particularly snow-sure.

Whether on the slopes, on the cross-country trails, or the lake - everywhere you will find the best conditions for snow-active people. A sporty winter wonderland and Giardino Mountain are right in the middle of it. The Mountain calls!

**Luxurious nonchalance**

# About the Giardino Group

The Giardino Group comprises of three properties in Switzerland, which include the 5-star-superior-hotels the Giardino Ascona, the Giardino Mountain in St. Moritz, as well as the boutique hotel Giardino Lago at Minusio near Locarno.

**More information:**

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